

## **Even more Oh My Goodness! convenience meals now at Checkers**

Checkers has expanded its range of Oh My Goodness! kiddies' convenience meals, which was voted best in South Africa by the Sunday Times Tried & Tested Food Awards last year.

The three delicious new additions include:

- Beefy Lasagne - free range beefy bolognese layered with durum wheat pasta and cheese sauce, and topped with cheddar
- Beef Stew and Butternut Mash - free range beef in gravy with creamy butternut and sweet potato mash
- Chicken Drummets and Mash - roasted free range chicken with sweet potato, vegetables and cheese sauce

Finding time to prepare wholesome, yet tasty meals for children is often a serious challenge for parents in today's time-pressed society. That's why the healthy and great-tasting Oh My Goodness! range exclusive to Checkers is the ideal meal solution for kids.

Oh My Goodness! comes with a no-junk promise: all meals are free from MSG, added sugar and salt, and contain no added artificial colours, flavours or preservatives. Bursting with flavour, the meals consist of locally sourced vegetables and certified free range beef and chicken.

There are now a total of eight Oh My Goodness! meals and each retails for R29.99 and are available only from Checkers.

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